

Meet

**Dr. Lori**

**GREAT HEALTH. SIMPLE SOLUTIONS.**

PHYSICIAN | AUTHOR | SPEAKER

## *The Health You Want*

Dr. Lori Eanes has been practicing and promoting the benefits of a healthy lifestyle for over 20 years. Her current practice integrates her training and certifications in health coaching. She shows you how to create a plan for great health and build the kind of relationship you want with your healthcare provider.

She is an advisory board member of Body & Brain Yoga, an instructor with the Food For Life Program, and an Emotional Freedom Technique (Tapping) practitioner. Her diversity and knowledge of both conventional and complementary medicine positions her perfectly for those interested in a lifestyle approach to their health care.

If you want to improve your weight, protect your immune system, reduce your risk of COVID death related diseases, and have better health with less medications, you need to create a plan. Great health doesn't just happen. The best predictor of your longevity depends on YOU.

Learn simple solutions used by the healthiest populations around the world. Know what questions to ask to uncover the secrets. Do as the doctor does, and not just what they say.

## *No Co-pay Required*

Dr. Lori is a native of Philadelphia, Pennsylvania, where she received her undergraduate degree from Temple University in Communications. She later received both a master's degree in biomedical science and a medical degree from the Philadelphia College of Osteopathic Medicine. She has been board certified by the American Board of Family Medicine, the American Board of Holistic Medicine and the National Board of Physicians and Surgeons. She customizes wellness programs and host private webinars, House Calls for Healthy Living.

**Self care is your best care, especially now.**



***'Doctors must not only treat you,  
we must teach you how to be well.'***

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***"Have the health you deserve"***

